

# The Influence of Islamic Education in Improving Religious Understanding and Social Ethics among Teenagers

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## Abstract

Islamic education plays an important role in developing the character and personality of the younger generation, especially regarding religious understanding and social ethics. The science of Islamic education not only addresses the theoretical aspects of Islamic religious teachings, but also the question of how such education can be used to obtain good social behavior. In the modern context, the challenges faced by teenagers are increasingly complex, especially due to the negative impact of social media, globalization, and changes in moral values. The study aims to explore the impact of Islamic education on enhancing religious understanding and social ethics among teenagers, identifying key success factors and providing recommendations for improvement. The research method used in this research is a literature study method, this method is carried out by examining various literature studies needed in the research, data collection techniques using data such as journals, books, and web references. The results of this study reveal that, a good understanding of religion affects the attitudes and behavior of teenagers, in worshipping and interacting with others. Teenagers with a good understanding of religion will be more disciplined in carrying out religious teachings and wiser in facing social challenges. Then, teenagers who have social ethics in accordance with Islamic values will not only be teenagers who have noble characters and good personalities, but will also play an active role in creating a more harmonious, peaceful and just society. The success factors of Islamic education are, 1). Teaching quality, 2). Learning approach, and 3). Family environment.

**Keywords:** Character Building, Islamic Education, Islamic Values, Sosial Ethics, Teenager

## 1. Introduction

Islamic education plays an important role in developing the character and personality of the younger generation, especially regarding religious understanding and social ethics. The science of Islamic education not only addresses the theoretical aspects of Islamic religious teachings, but also the question of how such education can be used to obtain good social behaviour. . In the modern context, the challenges faced by all people, especially for teenagers, are increasingly complex and during adolescence is known as a very important period of development because it is a transition from children and preparation for adulthood. Teenagers' attitudes shift from being dependent on their parents to becoming more independent (Syahnaz et al., 2023). Teenagers will also experience periods of stress, frustration and sadness, conflict and adjustment crises, dreams and feelings of alienation from adult social and cultural life and in addition to the negative impact of social media, globalisation, and changing moral values. There are still many young people who do not have a good understanding of Islamic values because they do not receive adequate attention in educational institutions and their family environment. This raises concerns about the moral development of the younger generation who will continue this country. According to Nurcholis Madjid, Islamic education functions to direct



individuals to recognise and understand religion, as well as apply religious teachings in everyday life (Priyatna, 2023).

In Islam, social ethics is of utmost importance, the reason being that Islam is a religion of mercy for the universe, both for fellow human beings and the environment (Kamil, 2021). This assumption is based on Q.S Al-Anbiya verse 107:

*'And I did not send you (Muhammad) but to be a mercy to all the worlds'*

Reporting from tirto.id, social ethics in Islam are, maintaining good manners, understanding and understanding, always inviting towards goodness, honest and fair, and helping each other (Jo, 2022).

As such, Islamic education is seen as an important means of strengthening religious understanding and shaping positive social ethics. A good understanding of Islamic education will help teenagers integrate religious values into their daily lives and improve the quality of social interactions in society. Education is a profound and transformative process that has far-reaching implications for both the individual and the wider society (Anurogo et al., 2023). That is, with broad implications teenagers are also individuals who must undergo an in-depth educational process.

The results of relevant research, namely, a previous scientific journal entitled 'Analysis of the Role of Islamic Education in Building awareness of Promiscuity and Free Sex: Case Study in Watulea Village, Gu District' states that Islamic education has a crucial role in shaping awareness in adolescent behaviour related to promiscuity and free sex, by teaching moral and ethical values (Muktadir & Rahim, 2024). Furthermore, a scientific journal entitled 'Implementation of the Concept of Islamic Religious Education in Overcoming Bullying: Case Study at Pesantren Zainul Hasan Genggong' the results of his research stated that, the concept of Islamic religious education is applied through the formation of noble moral character derived from the teachings of the Al-Quran and Hadith of the Prophet Muhammad SAW.

Then, a scientific journal entitled 'Implementation of Islamic Education Habituation in Shaping the Religious Character of Elementary School Students' the results of his research revealed that, there were significant changes from the original 85% of children with character values below the average, after implementing Islamic education habituation dropped to 13% of children who were still difficult to change their character. Of the 87% of respondents revealed that the habituation of Islamic education has brought many changes in their religious character (Fahmi & Susanto, 2018).

## 2. Methods

Research methods are scientific procedures, steps, or procedures in obtaining data for research purposes that have specific purposes and uses (Ramadhan, 2021). Research is a scientific activity that aims to obtain data which is then used for certain purposes. There are two research methodologies that are generally known, namely: Qualitative research, which is an approach in conducting research that is oriented towards natural phenomena or symptoms and Quantitative Methods, this method focuses on measurements, numbers, and statistics, the data obtained are numerical and can be analysed mathematically (Abdussamad & Rapanna, 2021). The research method used in this research is a literature study method, this method is carried out by examining various literature studies needed in the research, data collection techniques using data such as journals, books, and web references.

## 3. Results and Discussion

### **3.1. The Effect of Islamic Education on Teenagers' Religious Understanding**

Religious education has a very important role in adolescent development. Unfortunately, in Indonesia, many teenagers do not appreciate and even forget the importance of this religious education. Ignorance of religious values can lead to behaviour that is not in accordance with the teachings, such as adultery, promiscuity, brawls, and various other negative actions. A lack of understanding of religious teachings can lead to disregard for established rules. The main purpose of religious education is to shape the behaviour and character of the younger generation (Risal, 2021), so that they can develop noble morals based on the Al-Quran and Hadith in their daily lives. Therefore, religious education has a very significant role for teenagers, especially in instilling positive values that will guide them in a better direction (Rizky, 2024).

Islamic education instils social and ethical values that make teenagers better individuals in social relationships, such as patience, tolerance and understanding towards others. Islamic education plays an important role in teaching social responsibility and consideration for others in the context of sharing, justice and active participation in society. Strengthening social values in Islamic education helps teenagers overcome various social and moral challenges in society. With Islamic education, teenagers are aware of their function so that they will produce attitudes that are in line with the objectives of Islamic education to create a young generation with good character (Saputra, 2016). To realise *akhlaqul karimah*, *akhlaq* education is needed because, *akhlaq* education is a process of coaching, planting, and teaching, in humans with the aim of creating and succeeding in the highest goal of Islam, namely happiness in this world and the hereafter (Budiman & Sista, 2017). Religious understanding among teenagers includes an introduction to the pillars of faith and the pillars of Islam, as well as their application in daily life. A good understanding of religion influences teenagers' attitudes and behaviour in worshiping and interacting with others. Teenagers who have a good understanding of religion will be more disciplined in carrying out religious teachings and wiser in facing social challenges.

Anna Freud said that, the development that occurs in adolescence is psychosexual changes, as well as various changes in the relationship between parents and their children. At this time there is often a clash of parental and child ideals, which determines the future orientation of the child. If parents or educators do not properly understand the changes that teenagers are experiencing, there may be concerns that new problems will arise, such as juvenile delinquency. All forms of juvenile delinquency are basically part of deviant behaviour that will often hurt themselves. Poorly supervised adolescent development can also have negative impacts, especially in times of disruption that offer easy access to information.

Islamic education as a foundation for building the nation's character, has a very meritorious role in Indonesia, even before Indonesia's independence. The implementation of Islamic religious education has long been held non-formally such as recitation forums, *taklim* assemblies and Islamic boarding schools until now (Nudin, 2020).

### **3.2. The Influence of Islamic Education on Adolescent Social Ethics**

In an era of globalisation marked by rapid social change, the role of Islamic education is becoming increasingly vital, especially in shaping social ethics among teenagers. Islamic education not only emphasises academic aspects, but also focuses on instilling moral and ethical values that will guide teenagers in interacting with their environment. By understanding and internalising Islamic teachings, teenagers are expected to develop positive attitudes and behaviours and be able to face various social challenges wisely. Therefore, it is very important to explore the influence of Islamic education on teenagers' social ethics, in order to create a generation that is not only intellectually intelligent, but also noble.

Islamic education is expected to be able to contribute to improving social ethics in teenagers, some of the things that can be applied through Islamic education are: instilling faith values so that they are aware of their nature as God's creation and social creatures, instilling awareness to always worship, and instilling a positive learning attitude (Yusuf et al., 2022). By doing so, teenagers are able to have social ethics in accordance with Islamic values, which include tolerance and mutual respect, teenagers who have social ethics in accordance with Islamic values will not only be teenagers who have noble characters and good personalities, but will also play an active role in creating a more harmonious, peaceful and just society.

### 3.3. Factors Affecting the Success of Islamic Education

The success of Islamic education can be caused by various interrelated factors, namely, First, the quality of teaching means how the role of educators in conveying religious and social values effectively, an educator must have good social ethics in the process of teaching and learning activities (Hidayat, 2022). Why is this so, because basically educators who have good social ethics function as role models that shape the character and behaviour of teenagers.

Second, the learning approach, according to Anthony S. Jones, the teaching strategy is 'an educational method for turning learning into knowledge', namely an educational method for turning knowledge into learning (Hidayat et al., 2020). The learning approaches that can be applied are 1). Contextual approach, which combines learning materials with the real life of teenagers 2). Thematic approach, which teaches various Islamic values in integrating relevant topics in the lives of teenagers and 3). Active and Participatory Approach, which involves students directly in the learning process through interactive activities.

Third, the family environment, the family is the first environment where teenagers begin to understand moral and social values. Parents who demonstrate positive attitudes and behaviours, such as honesty, patience, respect and responsibility, serve as the primary role models for teenagers. Children tend to imitate the behaviour of parents or adult figures at home, which significantly affects their character formation.

## 4. Conclusion

From the above discussion, it can be concluded that Islamic education has a crucial influence on the understanding of religion and social ethics among teenagers, a good understanding of religion affects the attitudes and behaviour of teenagers in worship and interacting with others. Islamic education instils social values and ethics that make teenagers a better person in social interactions, such as patience, tolerance, and understanding towards others.

Then, teenagers who have social ethics in accordance with Islamic values will not only be teenagers who have noble characters and good personalities, but will also play an active role in creating a more harmonious, peaceful and just society. The implementation of Islamic religious education has long been held non-formally such as recitation forums, taklim (Islamic teaching) assemblies and Islamic boarding schools until now, then, the success factors that affect the science of Islamic education include, teaching quality, learning approaches, and family environment.

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